# Egyptian Area Schools Benefit Plan Gazette

Summer 2015

# **Your Ouick Reference Source**

#### Healthcare

You can view your secured claims, eligibility information and more by visiting www.egtrust.org.

#### **Prescription Drugs**

You can view your secured prescription drug claims history and more at www.caremark.com.

## **Egyptian Trust**

You can view information about Egyptian Trust, programs offered by the Trust. historical newsletters, and more at www.egtrust.org.

# Prior to September 1, 2015 HealthLink/UniCare

Find a Tier 1 or Tier 2 Participating Provider, create a Customized Directory. and more at: www.egtrust.org.

You can call CHC Member Services at 1.855.452.9997 with help for all of the above.

**EGYPTIAN** 

**CARE COORDINATORS** BY QUANTUM HEALTH

# Prior to September 1, 2015 **Delta Dental**

View your protected claims and eligibility and more at www.deltadentalil.com.

Member Services: 1.800.323.1743

## Prior to September 1, 2015 **UniView Vision Plan**

You can find a participating UniView provider by visiting www.unicare.com.

Member Services: 1.888.884.8428

Prior to September 1, 2015 Lincoln Financial Group

Member Services: 1.800.423.2765

# Welcome to the Summer edition of Egyptian Area Schools Benefit Plan Gazette

# What you'll find in this issue:

- 15th Annual Bookkeeper /Administration Meetings
- Wellness Initiative 2016
- Voluntary Dental Benefit Changes
- Voluntary Vision Benefit Changes
- Life Insurance Changes
- Health Premium Rates
- Health Plan Changes
- Voluntary Health Plan Programs

We hope you enjoy our latest newsletter!

# 15th Annual **Bookkeeper/Administration Meetings**

#### **SAVE THE DATE!**

Save the dates for the 15th Annual Bookkeeper/ Administration Meetings coming up July 29 - July 31. Again, the meetings will be hosted by Meritain Health with participation from all of the Egyptian Trust vendors including all of the new vendors with programs becoming effective September 1, 2015.

Attendance by the employer groups is very important as we address upcoming benefit enhancements and changes. While the Egyptian Trust website is regularly updated with important information, the Egyptian Trust relies on the employer groups to communicate necessary information to the covered membership. Your attendance is essential in order to gain a better understanding of the programs and benefit enhancements being offered by the Egyptian

We look forward to visiting with you soon!





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#### **Wellness Initiative 2016**

Complete your 2015 wellness requirements to earn your incentive for 2016! The Trust is once again offering an incentive for employees who complete the wellness requirement by September 30, 2015. Only employees (including retired employees and individuals covered by COBRA) need to complete the requirements in order for the full family to receive the benefit in 2016.

# What incentive can you earn?

- Plan A, B, C or E \$100 deductible reduction
- Family Plan
   Each family member's deductible will be reduced by \$100 (with a limit of \$300 total)
- HDHP Plan
   Employee and family members will pay 10 percent less after the deductible is met (meaning the benefit level will increase by 10 percent for each plan member)

# What are your requirements?

- Designate a primary doctor online
- Complete a biometric screening and enter your results online
  Biometric screenings measure your height, weight, blood pressure, total cholesterol, LDL, HDL,
  triglycerides and glucose. You can complete your screening by visiting your primary doctor or attending
  an on-site screening (ask your employer if they are offering an on-site screening). Screenings occurring
  between October 1, 2014 and September 30, 2015 will be accepted. Be sure to enter your results
  online by September 30, 2015.
- Complete the Wellness Assessment online

# Ready to get started?

Visit <u>www.egtrust.org</u> and click the Egyptian Area Schools/Care Coordinators by Quantum Health logo. Then, under *Health & Wellness*, click *Your Incentive Checklist*, log on or register for an account, and follow the instructions to complete your requirements.

If you have any questions about your requirement, please contact your Care Coordinators at 1.855.452.9997 or visit <a href="https://www.egtrust.org">www.egtrust.org</a>.







# Changes September 1, 2015

# **Voluntary Dental Benefits Changes**

Beginning September 1, 2015 the new voluntary dental carrier will be Ameritas. The benefits of both the Low and the High Plan will mirror the Delta Dental plans with two exceptions:

- 1. The \$50 deductible on the High Plan for preventive dental services will be removed but members will receive full credit for the deductible satisfied up to September 1, 2015.
- 2. Ameritas offers a rewards program that allows members in the High Plan to roll over \$250 in benefits when a member uses less than \$750 of benefits in a given year. There is no cap on the rollover amount. Members enrolled in the Low Plan who use less than \$250 in benefits may roll over \$125 in benefits with a maximum rollover amount of \$500.

If a member is enrolled and wishes to continue their current dental coverage, Meritain Health will communicate that to Ameritas. If a member is changing plans or terminating the coverage the Enrollment Change form must be completed during the open enrollment period.

For questions regarding Voluntary Dental benefits members may have **prior** to September 1, 2015 please contact 1.877.495.5581 or you may also visit the website at

www.ameritas.com/group/olbc/egyptianschooltrust

Below are the current and renewal rates effective September 1, 2015.

	Current	Ameritas	Current	Ameritas
	Low Plan	Low Plan	High Plan	High Plan
Employee	\$14.24	\$14.26	\$32.08	\$32.08
Employee + 1 Dependent	\$26.20	\$26.18	\$58.96	\$58.96
Employee + 2 or more Dependents (Family)	\$49.70	\$49.70	\$85.68	\$85.70

All members enrolled in the Voluntary Dental will receive a new ID Card prior to September 1, 2015.

# **Voluntary Vision Benefits Changes**

Beginning September 1, 2015 the new voluntary vision carrier will be Vision Service Plan (VSP), administered by Ameritas. VSP includes a Lasik benefit of \$700 (\$350 per eye) in either the first or second year of coverage. If the Lasik benefit is not used until the third year or after, the benefit is \$1,400 (\$700 per eye). The annual benefit of \$700 or \$1,400 is also the lifetime maximum for this procedure. The VSP provider network does not include the big box and national chain providers such as LensCrafters and Pearle Vision, but includes a majority of independent providers and is expected to reduce member costs for vision services.





For questions regarding Voluntary Vision benefits members may have **prior** to September 1, 2015 please contact 1.877.495.5581 or you may also visit the website at

www.ameritas.com/group/olbc/egyptianschooltrust

If a member is currently enrolled in the vision plan and wishes to continue the coverage, Meritain Health will simply transfer the member information to the new vision program and include the premium on the bill to the member district. If a member wishes to drop the vision coverage, they may do so during open enrollment by completing the Enrollment Change form.

The premiums with VSP/Ameritas are as follows:

	Ameritas VSP
Employee	\$7.96
Employee + 1	\$11.40
Employee + 2 or more	\$20.64

All members enrolled in the Voluntary Vision will receive a new ID Card prior to September 1, 2015.

#### Life Insurance

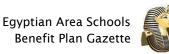
Beginning September 1, 2015 the basic and optional life insurance will be provided by Dearborn National Life. The rate for the basic life insurance (included in the health premium) has been reduced to \$1.00 per \$10,000 of coverage. The rates for additional voluntary coverage remain the same. No underwriting will be required for existing enrollees. The guaranteed issue limit for new employees is \$100,000.

NOTE: This is NOT an Open Enrollment period. Only new hires may enroll for Optional Life and receive the guaranteed issue amount of \$100,000. Any other member previously eligible will be required to go through medical underwriting for any amounts of Optional Life Insurance.

#### **Premium Rates**

A premium rate increase of 5 percent will become effective September 1, 2015. The following reflects the current rates and the rates that will become effective September 1, 2015. The rates include \$10,000 of Basic Life insurance.

	Plan A		Plan B		Plan C		High-Deductible Health Plan	
	Current	2015-16	Current	2015-16	Current	2015-16	Current	2015-16
Employee Only	\$728	\$764	\$658	\$692	\$568	\$596	\$484	\$508
Employee + Spouse	\$1,500	\$1,576	\$1,355	\$1,424	\$1,175	\$1,234	\$994	\$1,044
Employee +	\$1,450	\$1,524	\$1,306	\$1,372	\$1,134	\$1,191	\$976	\$1,026
Child(ren)	\$1,450	<b>31,324</b>	\$1,300	<b>31,372</b>	\$1,134	<b>31,131</b>	337U	\$1,020
Family	\$1,615	\$1,696	\$1,456	\$1,530	\$1,265	\$1,328	\$1,072	\$1,126





# **Health Plan Changes**

# NETWORK CHANGE – Effective September 1, 2015 UniCare/HealthLink network will be replaced with the CMR/Coventry and Aetna Choice® POS II Networks.

Beginning with dates of service September 1, 2015 members will have access to two provider networks. The new networks will offer members excellent access to participating providers throughout the U.S. Members will use the CMR/Coventry network for services in Illinois or Missouri. Member will use the Aetna Choice POS II network for all services outside of Illinois or Missouri. Review the following information to find out how to search for network providers. Meritain Health will continue to process and pay benefit claims and Care Coordinators by Quantum Health will continue to serve as the central contact point for all customer and provider service, utilization review and care management. Therefore, the member service experience remains very much the same.



#### PROVIDERS IN ILLINOIS OR MISSOURI

If a member is receiving services in Illinois or Missouri, the CMR/Coventry network providers are to be used to receive the highest level of benefits.

To search for a network provider in *Illinois or Missouri* members should use the following link and instructions.

http://caremanagementresources.coventryhealthcare.com/services-and-support/members/locate-a-provider/index.htm

Click Enter Provider Search toward the center of the screen.

Select *CMR* when prompted.

It is important to *check now* to see if providers you regularly use (i.e., Primary Doctor, Family Doctor, OB/GYN) are in the network. You may check on the website or ask your physician if they participate in the CMR/Coventry network. If your provider does not participate in the CMR/Coventry network there are two ways to nominate a provider.

- 1. Ask your healthcare provider to self-nominate by clicking on the following link and completing the application.
  - http://chcmissouri.coventryhealthcare.com/services-and-support/providers/provider-nomination/index.htm
- 2. Members may also request a provider is contacted to participate in the network by contacting the Care Coordinators at 1.855.452.9997. The Care Coordinators will contact the network and request the provider is contacted.

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#### PROVIDERS OUTSIDE OF ILLINOIS OR MISSOURI

To search for a network provider **outside of Illinois or Missouri** members should used the following link and instructions. www.aetna.com/docfind/custom/mymeritain

When prompted to select a plan choose: Aetna Choice POS II (Open Access)

If your provider does not participate in Aetna Choice POS II network you may nominate by completing the following form.

The nomination process may take up to 3–6 months. Providers must satisfy the business needs and requirements including, but not limited to, Aetna's credentialing and contracting requirements. This nomination does not guarantee that the provider will be accepted into the network.

Please use this form to nominate an individual provider only. Please do not submit nominations for groups, facilities or IPAs.

#### **Your Information:**

**Email Address:** 

Name: (Last, First, Middle I):

Employer:	
Duo, idau Infarmation.	
Provider Information:	
Provider Name: (Last, First, Middle I):	
Provider Tax ID:	
Specialty Type:	
Address:	
Address 2:	
City:	
State:	
Zip:	
County:	
Physician Office Phone Number	
(999-999-9999):	
Detum Ferm Ter	

#### **Return Form To:**

AetnaNetworkAnalytics@aetna.com

Please ensure that you receive a response within 24 hours confirming the receipt of your provider nomination from this mailbox, otherwise your nomination may not have been received.

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# **Network And Non-Network Benefits Replace The Four Tiers Of Benefits**

Beginning with dates of service September 1, 2015 members will have a two-tier plan design (network and non-network). Any amount of deductible or out-of-pocket satisfied through August 31, 2015 will be carried over to both the network and non-network deductible and out-of-pocket accumulations. Beginning September 1, 2015 the network and non-network deductibles and out-of-pocket maximums will accumulate separately. Network will not count towards non-network and non-network will not count toward the network deductible and out-of-pocket maximums. In addition, all ambulance charges will count toward the network deductible, out-of-pocket maximum and ACA cost share maximum. All Emergency Room coinsurance will count toward the network out-of-pocket maximum and ACA cost share maximum. The calendar year deductible does not apply to Emergency Room services but the copays will count toward the ACA cost share maximum. Following is a summary of the Schedules of Benefits for services on or after September 1, 2015.

	Benefits Effective September 1, 2015						
		Plan A	PI	an B			
<b>Description of Services</b>	NETWORK	NON-NETWORK	NETWORK	NON-NETWORK			
Deductible							
INDIVIDUAL	\$300/\$400**	\$800	\$500/\$600**	\$1,200			
FAMILY	\$900/\$1,200**	\$2,400	\$1,500/\$1,800**	\$3,600			
Out-of-Pocket							
Maximum							
INDIVIDUAL	\$1,100/\$1,200**	\$3,700	\$1,200/\$1,300**	\$4,100			
FAMILY	\$2,200/\$2,400**	\$11,100	\$3,600/\$3,900**	\$12,300			
Cost Share Maximum							
INDIVIDUAL	\$6,600	N/A	\$6,600	N/A			
FAMILY	\$13,200	N/A	\$13,200	N/A			
Lifetime Maximum	Unlimited	Unlimited	Unlimited	Unlimited			
Reimbursement	90%	70%	85%	65%			
Inpatient Hospital	\$250 Copay	\$550 Copay	\$250 Copay	\$550 Copay			
(Illness or Injury)	Then 90%	Then 70%	Then 85%	Then 65%			
Outpatient Surgery	\$250 Copay	\$550 Copay	\$250 Copay	\$550 Copay			
Outpatient Surgery	Then 90%	Then 70%	Then 85%	Then 65%			
Primary Doctor (PCP)	\$25 Copay		\$25 Copay				
Office Visit	Then 100%	70%	Then 100%	65%			
Office visit	No deductible		No deductible				



Specialist Office Visit with Primary Doctor (PCP) Referral/Notification	\$30 Cop Then 10 No deduc	0%		70%		\$30 Copay Then 100% No deductible		65%
Specialist Office Visit without Primary Doctor (PCP) Referral/Notification	\$40 Cop Then 10 No deduc	0% tible		70%	\$40 Copay Then 100% No deductible		65%	
Emergency Room	\$300 Co Then 8 No deduc	5% T		300 Copay Then 85% deductible	\$300 Copay Then 85% No deductible		\$300 Copay Then 85% No deductible	
Urgent Care Facility	\$40 Cop Then 9 No deduc	0% T		40 Copay hen 90% deductible	\$40 Copay Then 90% No deductible		\$40 Copay Then 90% No deductible	
		Retail 90 day Maintenance		Home		Retail 90 day Maintenance		Home
	Retail	Drug	gafter	Delivery up	Retail	Drug after		Delivery up
Drug Card	30 days		2 fills	to 90 days	30 days	first 2		to 90 days
GENERIC	\$12	\$	36	\$30	\$12	\$36		\$30
FORMULARY	\$25	\$85		\$55	\$25	\$85		\$55
NON-FORMULARY	\$40	\$130		\$100	\$40	\$130		\$100
RATES								
Employee Only	\$764				\$692			
Employee + Spouse			\$1,576			\$1	,424	
Employee + Child(ren)			\$1,524		\$1,372			
Family			\$1,696		\$1,530			

Description of Services   NETWORK   NON-NETWORK   NETWORK   NON-NETWORK	RK	
Description of Services	RK	
Deductible         \$1,000/\$1,100**         \$2,200         \$1,300         \$2,600           FAMILY         \$3,000/\$3,300**         \$6,600         \$2,600         \$5,200           Out-of-Pocket         Maximum         INDIVIDUAL         \$2,200/\$2,300**         \$6,900         \$3,900         \$7,750           FAMILY         \$6,600/\$6,900**         \$20,700         \$7,800         \$15,500           Cost Share Maximum         INDIVIDUAL         \$6,600         N/A         \$6,600         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited	RK	
INDIVIDUAL   \$1,000/\$1,100**   \$2,200   \$1,300   \$2,600   \$2,600   \$5,200		
FAMILY         \$3,000/\$3,300**         \$6,600         \$2,600         \$5,200           Out-of-Pocket         Maximum         \$6,900         \$3,900         \$7,750         \$7,750         \$7,800         \$15,500           FAMILY         \$6,600/\$6,900**         \$20,700         \$7,800         \$15,500           Cost Share Maximum         N/A         \$6,600         N/A         \$13,200         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited         Unlimited		
Out-of-Pocket         Maximum         \$2,200/\$2,300**         \$6,900         \$3,900         \$7,750           FAMILY         \$6,600/\$6,900**         \$20,700         \$7,800         \$15,500           Cost Share Maximum         INDIVIDUAL         \$6,600         N/A         \$6,600         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited		
Maximum         \$2,200/\$2,300**         \$6,900         \$3,900         \$7,750           FAMILY         \$6,600/\$6,900**         \$20,700         \$7,800         \$15,500           Cost Share Maximum         INDIVIDUAL         \$6,600         N/A         \$6,600         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited		
INDIVIDUAL   \$2,200/\$2,300**   \$6,900   \$3,900   \$7,750     FAMILY   \$6,600/\$6,900**   \$20,700   \$7,800   \$15,500     Cost Share Maximum   INDIVIDUAL   \$6,600   N/A   \$6,600   N/A     FAMILY   \$13,200   N/A   \$13,200   N/A     Lifetime Maximum   Unlimited   Unlimited		
FAMILY         \$6,600/\$6,900**         \$20,700         \$7,800         \$15,500           Cost Share Maximum         INDIVIDUAL         \$6,600         N/A         \$6,600         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited		
Cost Share Maximum INDIVIDUAL \$6,600 N/A \$6,600 N/A FAMILY \$13,200 N/A \$13,200 N/A Lifetime Maximum Unlimited Unlimited Unlimited Unlimited		
INDIVIDUAL         \$6,600         N/A         \$6,600         N/A           FAMILY         \$13,200         N/A         \$13,200         N/A           Lifetime Maximum         Unlimited         Unlimited         Unlimited         Unlimited		
FAMILY \$13,200 N/A \$13,200 N/A  Lifetime Maximum Unlimited Unlimited Unlimited Unlimited		
Lifetime Maximum Unlimited Unlimited Unlimited Unlimited		
000/		
Reimbursement         80%         60%         90% / 80%**         60%		
Inpatient Hospital \$250 Copay \$550 Copay \$250 Copay, \$550 Copay,		
(Illness or Injury) Then 80% Then 60% Then 80% Then 60%		
Outpatient Surgery \$250 Copay \$550 Copay \$250 Copay, \$550 Copay,		
Then 80% Then 60% Then 80% Then 60%		
Primary Doctor (PCP) \$25 Copay \$25 Copay,		
Office Visit Then 100% 60% Then 80%		
No deductible		
Specialist Office Visit \$30 Copay		
With Primary Doctor Then 100% 530 Copay 60%		
(PCP) No deductible No deductible		
Referral/Notification		
Specialist Office Visit \$40 Copay \$40 Copay \$40 Copay		
Doctor (PCP)  Then 100% 60% Then 80%		
Referral/Notification No deductible		
\$300 Copay \$300 Copay		
Emergency Room Then 85% Then 85% \$300 Copay \$300 Copay		
No deductible No deductible Then 80% Then 80%	Then 80%	





	\$40 Copay \$40 Copay		\$40 Copay		\$40 Copay				
Urgent Care Facility	Then 90	0% The		n 90%	Then 80%		Then 80%		
	No deduct	tible	No de	ductible	THEITO	111611 00%		111611 6076	
		Retail 90 day Home			Retail	90 day	Home		
		Maintenance Delivery				Maint	enance	Delivery	
	Retail	Drug after up to 90		up to 90	Retail	Drug	g after	up to 90	
Drug Card	30 days	ays first 2 fills		days	30 days	first	2 fills	days	
GENERIC	\$12	2 \$36		\$30	\$12	\$36		\$30	
FORMULARY	\$25	25 \$85		\$55	\$25	\$	85	\$55	
NON-FORMULARY	\$40 \$130 \$100		\$40	\$	130	\$100			
RATES									
Employee Only	\$596					\$	508		
Employee + Spouse	\$1,234					\$1	,044		
Employee + Child(ren)	\$1,191				\$1,026				
Family			\$1,328			\$1	,126		

#### Notes:

Network and non-network deductibles and out-of-pockets will accumulate separately.

Ambulance charges will count toward the network deductible, out-of-pocket maximum and ACA cost share maximum.

Emergency Room (ER) coinsurance will count toward the network out-of-pocket maximum and ACA cost share maximum. ER copays will count toward the ACA cost share maximum. The deductible does not apply to ER charges.

All prescription drug copays and member cost share will count toward the ACA cost share maximum.

\*\* Members may achieve a reduced individual and family deductible and out-of-pocket when completing the wellness requirements. Members enrolled in Plan HDHP may achieve a 10% increased benefit level when completing the wellness requirements.

# Benefit Changes Effective September 1, 2015

• **Expand 100 percent Lab Benefit.** The plan currently pays 100 percent benefit when members use LabCard providers for diagnostic lab services. Beginning September 1, 2015 all independent lab services provided by a network provider will be reimbursed at 100 percent with no member cost share. This includes only those lab services billed by an independent lab provider in the network, including but not limited to Quest providers. The 100 percent benefit does not apply to outpatient lab services provided in a hospital or physician's office. Independent lab services are normally billed with a place of service code "81". Those are the network lab services that will be reimbursed at 100 percent.



- Cover Nexium 24-Hour OTC with \$0 Copay. Coverage for Nexium 24-hour OTC with no copay has recently been added to the prescription drug coverage. Your Pharmacy Benefits Manager, Scrip World, continues to reach out to members currently taking prescription Nexium to educate them about the benefits of making this change. The active ingredients are equivalent but the cost of the OTC version is considerably less than prescription Nexium.
- Specialty Drug Copays. For many years, the copay for injectable specialty medications has been 3 percent of the ingredient cost of the drug in addition to the normal copay. In order to mitigate the cost for all members taking specialty drugs (oral or injectable), beginning September 1, 2015 the member cost share for all specialty drugs will be capped at \$150 per month. In addition, beginning September 1, 2016, the 3 percent of the ingredient cost in addition to the normal copay will be extended to include oral specialty drugs.
- Workers Compensation Leaves. The plan provides that an employee may stay on regular plan coverage during a leave of absence approved by the employer for up to 12 months from the last day of the month in which the employee worked. After 12 months, the employee (and any family members) must be moved to COBRA status even if the employee is still on leave. Any employee on leave for more than 12 months must be converted to COBRA or offered COBRA coverage. In order for coverage to continue past the 12 months the election to continue must be completed and the premium must be paid. This is not a change in plan rules, but simply a clarification to minimize further confusion.
- Participants May Change Plans when Adding a Dependent Mid-Year. The plan currently provides that if a member has an appropriate change in status event, the employee may add coverage for a dependent mid-year, but cannot change plans and must add the dependent to the plan in which the member is enrolled. To comply with HIPAA regulations, the plan is being amended to allow participants to change to a different plan if they have any change in status event that allows them to add a dependent to the participant's existing coverage. This is an exception to the rule that requires 12 months advance notice if a participant wants to move to a richer plan. In all cases, all covered family members must be enrolled in the same plan.
- Participants May Revoke Plan Coverage Due to Marketplace Special Enrollment. The plan already permits members to elect or drop coverage during insurance marketplace annual open enrollment periods in order to move to or from marketplace coverage effective as of January 1 each year. The IRS recently issued guidance stating that Section 125 plans may be amended to allow employees to revoke their elections for employer plan coverage if they have a special enrollment period for marketplace enrollment, such as birth, marriage, death, a spouse's loss of other coverage, etc., and enroll for marketplace coverage. This recognizes that if a new dependent is acquired or a family member loses other coverage, it may be more advantageous for the entire family to obtain private insurance than to enroll in the employer plan. The plan is being amended to permit members to revoke plan coverage in order to move to private insurance, through the marketplace or otherwise, if they have a special enrollment event that would allow them to enroll for marketplace coverage. Member districts with Section 125 plans should contact their advisors before allowing employees to revoke salary reduction elections mid-year in these circumstances.

# **Voluntary Health Plan Programs**

#### **HEALTHCARE BLUEBOOK**

As the school year wraps up, many parents begin to schedule medical procedures for their children that may have been put off during the school year. One of the most common ways for parents to save money is for non-emergency medical procedures, like the removal of tonsils and adenoids or the placement of ear tubes.





Where you go for your children's care matters as the price difference from one facility to another can be quite significant. Your child's doctor can likely perform the procedure at multiple facilities, with no loss of quality. In the St. Louis area, ear tube placement can vary in price by over \$7,000 or 500 percent. A tonsillectomy in the Greater St. Louis area can vary in price by a whopping \$13,000 or 800 percent. As a part of the *Go Green to Get Green* rewards program, Egyptian Trust also offers a \$50 reward for going to a "green" provider for tonsillectomy and ear tubes. You can save enough money on these procedures to visit that vacation spot you've been eying!

Log in to Healthcare Bluebook by going to <a href="www.egtrust.org">www.egtrust.org</a> clicking on the Egyptian Area Schools/Care Coordinators by Quantum Health logo (black, green and white at the bottom right side of the Home page). When you enter the Care Coordinators site enter your username and password and look for Healthcare Bluebook in the navigation bar on the left side of the screen.

You can also visit <a href="www.egtrust.org">www.egtrust.org</a> and look for Healthcare Bluebook (blue and white logo) on the bottom left side of the screen. Log in using your last name and the last four digits of your Social Security number. Download the free Apple or Android apps to find a Fair Price facility. You'll need to log in to the website the first time in order to get your specific mobile code.

To encourage members to use the Healthcare Bluebook tool and choose lower cost providers, the Trust offers cash incentives for using "green" providers for certain procedures. When a member has one of the procedures listed below performed by a "green" provider, the member will receive a check in the specified amount.

Service Type	Procedure Name	Incentive
Cardiac	Doppler Exam of the Heart	\$25
Cardiac	Heart Echo Imaging	\$25
Cardiac	Heart Perfusion Imaging	\$50
Outpatient	Remove Tonsils and Adenoids	\$50
Outpatient	Ear Tubes	\$50
Outpatient	Cataract Surgery	\$50
Outpatient	Laparoscopic Cholecystectomy	\$50
Outpatient	Lithotripsy	\$50
Outpatient	Knee Arthroscopy	\$100
Outpatient	Shoulder Arthroscopy	\$100
Outpatient	Rotator Cuff Repair	\$100
Outpatient	Carpal Tunnel Surgery	\$50
Diagnostic	Colonoscopy (with and without biopsy)	\$100

Diagnostic	Upper GI Endoscopy (with and without biopsy)	\$100
Diagnostic	Sleep Study	\$50
Imaging	All CTs	\$25
Imaging	All MRIs	\$25
Women's Health	Breast Biopsy (with device)	\$50
Women's Health	Hysteroscopy with Biopsy	\$50

The Healthcare Bluebook tool will also allow you to search for any number of other procedures for price comparison purposes. While no incentives are offered for procedures other than those noted above, the member may still compare provider costs resulting in reduced out-of-pocket expenses for the member.

Don't forget about your one stop shop for all of your healthcare questions.

Your answers are just a click or phone call away.

Questions about your medical or prescription drug benefits, finding a network provider, or any health plan related question?

**Contact a Care Coordinator at:** 

(855) 452-9997

Or go to www.egtrust.org and click on:



# Have a Safe and Happy Summer!

